Main Hospital

Acceptable Items

- 1. Softback Books
 - a. 50 maximum per person
 - b. Clean and in good condition
- 2. Hardback Books
 - a. **50** maximum per person
 - b. Clean and in good condition
- 3. Magazines
 - a. 10 maximum per person
 - b. No older than three (3) months
 - c. Nothing obscene or inappropriate
 - d. Clean and in good condition (not cut up, water soaked/stained)
- 4. DVD Movies
 - a. 20 Maximum per person
 - b. Nothing obscene or inappropriate
 - c. Clean and in good condition
- 5. Coloring Books, Crayons/Markers
 - a. 10 Maximum per person
 - b. New
 - c. Nothing obscene or inappropriate
- 6. Audiobooks
 - a. 10 Maximum per person
 - b. Good condition
 - c. Nothing obscene or inappropriate
- 7. Calendars
 - a. Upcoming year or early in new year (During the month of January)
 - b. Nothing obscene or inappropriate
- 8. Two (2) Large piece puzzles



- 9. Blankets: Unlimited number
 - a. Clean
 - b. Does not smell like smoke or mildew
- 10. Wii games
- 11. Model kits and paint
- 12. Toiletry items

Store bought

- 13. Sweat shirt, sweat pants, underwear, socks and small duffle bag
- 14. Shoes
- 15. Yoga mats
- 16. Reader glasses
- 17. baby layette items

Veteran bags for indigent inpatients

- 18. Contents of small store-bought duffle bags (Medium / Large / X Large One size per bag)
 - a. Store-bought sweat shirt and pants
 - b. 5 to 6 Underwear (Men or Women)
 - c. 5 to 6 Socks
 - d. 5 to 6 T-shirts
 - e. Towel

Healthcare for Homeless Veterans (504 E. 2nd Avenue Spokane, WA)

- 1. Blankets
- 2. Socks
- 3. Men's t-shirts and underwear
- 4. Razors
- 5. Shaving Cream
- 6. Toilet Paper
- 7. Deodorant
- 8. Toothbrushes and toothpaste
- 9. Heavy Gloves
- 10. Scarves
- 11. Laundry Soap Pods
- 12. Bar Soap
- 13. Shampoo and Conditioner
- 14. Sweat Shirts



- 15. Thermal Underwear
- 16. Jackets
- 17. Canned goods: beans, chili, soups, stew, fruit, meat, fish and vegetables
- 18. Applesauce
- 19. Boxed meals
- 20. Hamburger Helper
- 21. Mac and Cheese
- 22. Pasta
- 23. Spaghetti sauce
- 24. Fettuccini sauce
- 25. Instant mashed potatoes
- 26. Instant rice
- 27. Peanut butter or almond butter
- 28. Honey
- 29. Nuts
- 30. Chips (individual bags)
- 31. Cereal
- 32. Oatmeal
- 33. Shelf stable milk (caned, almond or soy)
- 34. Granola bars
- 35. Crackers
- 36. Cooking oil
- 37. Dried herbs and spices
- 38. Toilet paper
- 39. Paper towels

Unacceptable Items

- 1. Medical Equipment
- 2. Walking Sticks/Canes
- 3. Playing Cards
- 4. Electric wheelchairs/scooters
- 5. Wheelchairs
- 6. Food (Main hospital only)
- 7. Electronics of any kind
- 8. Used clothing
- 9. Art/craftwork
- 10. Business/Fundraising Literature



- a. Brochures
- b. Books
- c. Booklets
- d. Pamphlets
- e. Electronic media (TV, Radios, Personal devices)
- f. Posters
- g. Couches
- h. Tables
- i. Furniture of any type

